

Discussion Questions

Looking For Your Helper (Find God's Match For You)

Ephesians 5:21-33

(If you could have someone help you with any project you like, right now, what would it be?)
(When you were a child, did you ever imagine your future spouse? If so, how did you imagine them?)

- Is it easy or difficult for you to ask for help when you need it? Why?

The vastness of our universe and how tiny we are was mentioned in this sermon.

- Do you think God cares about the little questions and details of our world?
- Do you think He cares about you and your heart in the midst of the questions and details of our world?
- Does God care about your sex life?
- Is the idea that sex & marriage are a sign our mysterious union with God unsettling to you? What are your thoughts about it?

During this sermon, Peter shared that he thinks it is God who is our ultimate helper and Adam and Eve just didn't see it. Take a look at Genesis 2. Can you see God trying to tell Adam that He's his helper?

List some examples:

- What do you think kept Adam and Eve from hearing God's desire to be their helper?
- How about the Jews? What do you think kept them from hearing it?
- What keeps you from hearing or realizing God is your ultimate helper?
- Do you want Him to be your helper?

If you are in a sexual relationship or married, think about your sex life & marriage for a moment. Now take a moment to think about your relationship with God & also your relationship with God as part of the Church.

- Can sex & marriage teach you anything about your relationship with God individually? How about our relationship corporately with God as the Church? If so, what do you think it can teach you?
- What can your longings & the fulfillment or lack of fulfillment of them teach you about God's relationship with you individually and the Church as a whole? Can you see any correlations?
- As Christ's Body or Bride, what's it like to think of God as your lover?

In Scripture, there are two ways of knowing. 1. Adam & Eve will know stuff through this tree and die. (You can know by seizing control.) 2. Adam & Eve will know each other & Eve will bear fruit that is life. (You can know by surrendering control and being known.) Genesis 2:18 *"Then the Lord God said, 'It is not good that the man should be alone...'"* This is the first thing that God declares "not good:" loneliness. —Peter Hiett

- Have you experienced these two ways of knowing?
- When do you feel most known by God or others?

Paul wrote: *"In God we live, and move, and have our being."* Do you ever feel lonely? I think we all do at times. And yet, if Scripture is right and we all swim in God, who is Love, the idea that we are alone must be a lie.

- Even though you might feel alone, are you actually alone?
- Can you think of other scriptures that reveal God's ongoing & unending presence?
- How does God use your life & all that surrounds you to create a longing in you for Him? How does He romance you?
- Ask God to remove anything that might be blocking your heart from experiencing His presence.
- Take a few moments to know Him, to see His presence all around you & in you.

Let Him be the helper you long for in this world.

**These questions were created by Kimberly Weynen*