

Discussion Questions

Becoming Who You Already Are

Ephesians 4:20-32

(If you could change anything about yourself, what would it be?)

In Perelandra, the brand new Eve is deeply happy until the devil (in the Unman) holds up a mirror. Eve feels fear and says, “That thing is me and not me.”

- How does the enemy rob you of your joy with that which is you, but not you?

“We look in a mirror to judge ourselves and create ourselves, but the more we try to project an image of ourselves the less we are ourselves and the less we are the image of God. It’s a ‘devilish perversity,’ a ‘deceitful desire.”—Peter Hiatt

- When are you most tempted to judge yourself?
- What image of yourself do you feel most tempted to project?
- When you are not just content with who you are and you project an image of yourself, how do you think that makes God feel?
- Think about what you do when you look in a mirror. Do you do the same thing with your Bible?
- How do you think God’s wants us to look at—read our Bible?

“It is a ‘devilish perversity’ and come to think of it—it’s exactly what the devil does: He tempts me to take “knowledge of good and evil” in order to fix me, complete me, and make me in the image of God.”—Peter Hiatt

- In what areas do you feel tempted to fix, complete, and make yourself in God’s image?
- Are there any areas in which you feel tempted to fix or complete others around you?
- What would change? How would your life look different if you left that to God and rested and enjoyed him instead?

In this world we try to create ourselves because we don’t believe we’ve already been created. “It’s imperative that you believe that He, the New Man is already created . . . *so that* you stop creating the old man by trying to create the New Man.”—Peter Hiatt

- How does believing that the New Man has *already* been created free you up from the creation of the old man?

“Paul doesn’t say, ‘Punish the old man; fix the old man; go to war with the old man;’ not even ‘Renounce the old man;’ he just says, ‘Take him off.’”—Peter Hiatt

- Think of yourself. How do you try to punish the old man? Fix him? God to war with him? Renounce him?
- How is simply taking him off different? What would taking the old man off look like for you?
- How would trusting God to do his work in others change your relationship with them? Explain.

“Put off your old self . . . and be renewed in the spirit of your minds, and put on the new self, created after the likeness of God in true righteousness and holiness.”—Eph. 4:22-24

- What do you think it means to be renewed in the Spirit of your mind?
- How can we put on the new self? Is it something that God does? Is it something that we do? Or maybe both?
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In this sermon, Peter refers to the old man as a corpse. Are you still carrying around or wearing a corpse when you don’t need to? Invite Christ to show you who you truly are, set you free from all lies, and help you see that you are his body—clothed with him and set free to walk in newness of life and oneness with him.

**These questions were created by Kimberly Weymen*